

WHAT CAN I DO? You can take simple steps to reduce your exposure to lead in contaminated soils or dust.





Talk with EPA about testing your yard or private well



Wash hands especially
children's - after
handling soil,
playing outside,
and before meals



Take shoes off at the door; clean children's feet and pets' paws/fur at the door



Practice safe gardening and wash foods grown in contaminated soil



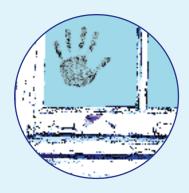
Get your child tested for lead poisoning, even if they seem healthy



Damp (not dry)
mop and dust
surfaces
regularly; keep
toys and play
areas clean



Make sure children eat nutritious meals high in iron and calcium



Be aware of other sources of lead and try to minimize your overall exposure